## SY Return and Refund Policy:

Welcome to StrongYoga and Beyond! We appreciate your shopping with us, and we want to ensure your complete satisfaction with our products. Our Return and Refund Policy, last updated on September 17, 2023, outlines the terms and conditions for returns and refunds.

If you receive a damaged or defective item, we invite you to review our policy on refunds and returns. You have the right to cancel your order within 1 day of purchase without providing a specific reason. To exercise your right of cancellation, you can inform us via email at marketing@strongyoga.com or by visiting our contact page at https://www.strongyoga.com/contact-4.

We are committed to reimbursing you for damaged or defective goods within 30 days of receiving the returned items, using the same payment method you used for the order, with no additional fees.

To be eligible for a return, please ensure that the goods were purchased within the last 30 days and are in their original packaging. Certain goods, such as personalized or perishable items, may not be eligible for returns.

Please note that return shipping costs and the risk of damage or loss during the return shipment are your responsibility. We recommend using an insured and trackable mail service to ensure a smooth return process. We cannot issue a refund without confirming receipt of the returned goods or proof of return delivery.

If you have any questions or require further clarification about our Returns and Refunds Policy, please do not hesitate to reach out to us through email at marketing@strongyoga.com or by visiting our website's contact page at https://www.strongyoga.com/contact-4. We are here to assist you and ensure your shopping experience with StrongYoga and Beyond is exceptional."